

Rebecca R. Gates, RDN, LDN

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FutureCare Canton Harbor

Baltimore, Maryland

9/2014 - present

- Develop quarterly and annual assessments for long-term care residents, and complete MDS sections K and V.
- Develop assessments for new and readmitted (long-term care and rehabilitation) residents, as well as residents who experience a change in medical status or a significant weight change.
- Develop care plans, and implement and monitor interventions addressing nutritional problems.
- Address ad-hoc requests and concerns from residents and staff.
- Write orders to initiate, discontinue, modify, or clarify plan of care interventions.
- Communicate all menu changes to the Director of Foodservice.
- Present and discuss resident nutrition status at pulmonary meetings and care plan meetings.
- Treat each resident and visitor with the utmost respect and ensure that the needs of residents are met and that residents feel comfortable with their plan of care.

Dietetic Internship Experience

University of Maryland Dietetic College Park Internship

8/2013 - 6/2014

- **Clinical skills:** Enhanced assessment, nutrition support, and patient centered counseling skills in diabetes, oncology, gastroenterology, cardiology, and critical care utilizing the Nutrition Care Process during two community hospital rotations. Completed advanced pediatric rotation at Children's National Medical Center. Achieved meets/ exceeds expectations during an adult clinical case study presentation, "Perforated Peptic Ulcer." Managed up to 10 patients per day on multiple units during clinical staff relief. Attained entry-level proficiency in two different electronic health record systems.
- **Long-Term Care skills:** Developed entry-level proficiency in assessment, MDS documentation, and care planning process during long-term care and rehabilitation center rotation. Completed simulations addressing budget management, hours/position justification, and managing hourly employees.
- **Outpatient skills:** Developed entry-level patient-centered interviewing and counseling skills during individual pediatric weight management counseling sessions, outpatient dialysis rotations, and community-based SNAP-Ed classes.
- **Professional/Business and Presentation skills:** Selected for abstract-poster presentation at DCMADA 2014 Spring meeting; abstract poster ("Impact of Removing Salt Shakers from University Dining Room") was awarded "best project". Invited co-presenter at Maryland Dietitians in Health Care Communities Spring meeting; presentation described Trello, a free project management software for use in clinical project management. Provided multiple community-based presentations during rotations in SNAP-Ed (children to seniors), Office on Aging (independent living seniors), Communication Conference (area Dietetic Interns), Riderwood (multi-cultural hourly employees). Enhanced professional writing skills in a variety of formats including website articles, blog posts, and Tweets.

Dietetic Professional Experience

*Student Nutrition Information Assistant, Food and Nutrition Information Center (FNIC), USDA
Beltsville, Maryland*

5/2012 - 6/2013

- Answered nutrition-related questions submitted through the Nutrition.gov and FNIC.NAL.USDA.gov websites.
- Compiled monthly literature search for USDA Food and Nutrition Service Office of Research and Analysis. Created multiple blog posts, e.g. USDA: Let Kids Play with Their Food?
- Staffed booth promoting the Nutrition.gov website at Maryland, DC, and Philadelphia conferences.

Undergraduate Volunteer Experiences

Johns Hopkins Bayview Hospital (25 weeks), Capital Area Food Bank, Moveable Feast

Prior Professional Experience – Software Industry

Partner, Four Square Solutions, LLC, Westminster, MD	9/2001 - 5/2002
Sr. Technical Consultant, Morningstar Systems, Owings Mills, MD	9/1999 - 8/2001
Systems Consultant IV, Marriott Distribution Services, Savage, MD	2/1995 - 9/1999
Senior Consultant, Software Architects, Irving, TX	5/1992-11/1994

Education

University of Maryland, College Park, Maryland, <i>BS Dietetics</i>	May 2013
Texas Tech University, Lubbock, TX, <i>BBA Management Information Systems</i>	May 1992